



Modeling Safe Behavior

To protect workers, model safe behaviors and provide a work environment that values safety.

Workers will do what you do - not what you say.

Your behaviors - whether safe or not - are the ones workers are likely to adopt.



Amber's Story

Amber took a summer job baling hay with her older cousin who's a supervisor at a neighbor's farm. Her cousin had worked there baling hay for several years, never wearing a seatbelt while driving the tractor. Since her cousin had never buckled the seatbelt, she didn't think to do it. After hitting a wash-out, the tractor rolled, pinning Amber's leg under the tractor.



Examples of Safe Behaviors To Model

- Assess worksite for hazards and implement methods to control the hazards
- Use Personal Protective Equipment (e.g., seatbelts, hearing and eye protection, gloves, sunscreen)
- Take breaks
- Drink plenty of water
- Come to work rested and focused
- Follow workplace policies
- Have guidelines on when and where cell phones should be used
- Assign supervisors who work well with youth, are consistent, and provide good examples
- Be a mentor for new and returning workers



Talk About It

In what ways do you or can you model safe behaviors?
Why is modeling safe behaviors important for supervisors?
What safe behaviors are modeled well?
What unhealthy/unsafe behaviors have you observed?



Video Link

<https://bit.ly/modelingbehaviors>

